

*Please keep Rev. Dr. Larry and Debbie Colvin in your prayers as they continue their work with the Evangelical Presbyterian Church, Ghana through [Global Ministries](#). Here is Larry's most recent update.*

May 4, 2020

The president of the country speaks about every 7 to 10 days sharing updates. The borders to the country, including the international airport have been closed for several weeks. Ghana is the only country in Africa to do both. Last week he lifted restrictions on domestic flights. The capital city, Accra, was on fairly strict lockdown but restrictions have been slowly lifted.



Rural communities, such a Peki, where we live, have not been on lockdown but have been following many of the government regulations. There are no gatherings of more than ten. This means life is very quiet – particularly on the weekends when there would normally be celebrations. We miss hearing the children talking, playing and singing on their way to and from school. Of course, this means I have no classes to teach and no church work at this time.

Travel between communities remains limited but not totally forbidden. The wearing of masks is not required but many do. Along the streets, business have set up hand washing stations. Others have set up ropes to keep distance.

About every 4-6 weeks we have made a trip to Accra to purchase most of our food and items we cannot purchase locally. Since we have are not able to travel to Accra, we are beginning to run out of some foods we cannot get locally and other brand name foods we prefer. While fresh meat cannot be purchased in Peki, there are plenty of protein sources and enough fruits, vegetables, and grains, to maintain a healthy diet. We (read Debbie) are becoming quite creative with meals.

Other than Debbie going to work, and trips to the local shops, we spend most of our time reading, playing games, watching Netflix, and re-runs on the few TV stations to which we have access. While we always make an effort to do distance worshipping with our home congregation, First Christian Church in St. Joseph, we sometimes catch the messages from others in the region or from friends.